

The Roth Report

www.glensfallskiwanis.com

Meetings are held every Wednesday at 12:10 pm at
The Queensbury Hotel, 88 Ridge Street, Glens Falls, NY
Guests are always welcome!

Newsletter for August 25, 2010



Serving the
Children
of the World



2009-2010 Officers

President

Donald Roth
donald.roth@tdbanknorth.com

President-Elect

Timothy Weidner
director@chapmanmuseum.org

Vice President

Joelle Retzloff
jretzloff@arrowbank.com

Secretary

William Deval
teach2@roadrunner.com

Treasurer

Michael Laney
mlaney@goreandlaney.com

Immediate Past President

Richard Simmonds
ricksha28@verizon.net

Club Directors

2007-2010

Noel Granger
Tina Kelly
Eileen Kurtz

2008-2011

Jason Blumenfeld
Joan Durett
Josh Milton

2009-2012

Tim LaSarso
John O'Connor
Craig Seybolt

insight + motivation = balance + success

KINETIC SYMMETRY



Aikido Martial Arts

What comes to mind when you hear someone is going to talk about a martial art? Kicks, punches, board breaking? Today we heard about a martial art that has none of these things, but is still very effective. It is called Aikido (i-key-doe).

While using most martial art techniques at work would not be considered acceptable, today we learned a few things you can do to diffuse conflict without breaking any part of yourself or anyone else.

Our guest speaker, Nick George, has been teaching Aikido for over 20 years and has earned the rank of 7th degree black belt. Nick is a Hudson Falls Rotarian and has raised two daughters with his wife Mary.

At Sensei Nick's class you can learn the most viable conflict resolution system available, in a safe and fun environment. He can teach you how to deal with any conflict, physical or mental.

It doesn't matter what kind of shape you are in, how small or big you are, or how strong you are. You can learn to defend yourself and deal with any conflict in a more relaxed and positive manner.

Adult classes meet every Tuesday and Friday evening from 6:30pm to 8:30pm at Explore! (103 Warren Street, Glens Falls).

Call 926-8688 and talk to Nick George Sensei to find out more.

www.kineticsymmetry.com

Kiwanis
International Foundation

**Glens Falls Kiwanis
Foundation**

President - Dana Palmer
Vice-President - Jan Hazewski
Secretary - Karl Klein
Treasurer - Rick Fuller
Director - Carl Baker
Director - Don Roth
Director - Tim Weidner

We are sorry to learn that Josh Milton has resigned as a Club Director and as incoming Vice President. Therefore, the nomination committee has submitted the following...

Craig Seybolt is nominated for incoming Vice President. This opens a 2 year vacancy for Club Director.

Steve Sheehan is nominated for Craig's remaining seat as Club Director (2 years). Steve was initially nominated to fill Josh's remaining seat as Club Director for 1 year.

Kathy Donnelly is nominated for Josh's remaining seat as Club Director (1 year).

Other nominations are welcome. Please contact Dave Stotler at 798-1203 or drstotler@roadrunner.com.

We will vote next week on the candidates, so please make an effort to make the luncheon on Sept. 1st.

Please be respectful of your fellow Kiwanian and our guests at lunch...



SILENCE your cell phones.



SAVE THE DATES

Saturday, 9/25 (set-up)
AND
Sunday, 9/26 (event)

This is our biggest event of the year, and we need ALL hands on deck for this one! So if you have family or friends willing to help... bring them!

Jan Hazewski is the volunteer contact for this event. If you have a specific job you'd like to do, let Jan know. If you're new to the club and aren't sure what to do... Jan can help with that too!

jhaze53290@aol.com
OR 793-6243



Members Attending: 21
Pinheads: 5
Guests: None
50/50 Winner: Eileen Kurtz
Deck of Cards: Joslyn Johnson
Ace of Diamonds, 34 cards left

NEXT WEEK'S MEETING ASSISTANTS

September 1, 2010

Invocation: Karl Klein
Raffle: Tim LaSarso

Welcome: Jan Hazewski
Back up: Jay Blumenfeld

If you are unable to be an assistant this week, please contact Joelle Retzloff as soon as possible: 745-1000 x445 or jretzloff@arrowbank.com

UPCOMING LUNCHEON PROGRAMS

September 1st - Jack Christman *Topic:* NYSERDA's New Construction Program
September 8th - Duck Race Proceeds Distribution & Awards
September 15th - Richie & Elaine Henzler *Topic:* Courtly Music Unlimited
September 22nd - Clergy Recognition Day
September 29th - President Don's Ash Can!

CALENDAR OF EVENTS

September 14th - Rotary Club of Glens Falls Golf Tournament at Kingswood Golf Club, Hudson Falls (more details to follow)

September 26th - Kiwanis Club of Glens Falls Annual Taste of the North Country, City Park, Downtown Glens Falls



Mohawk Division at the 93rd Annual New York District Convention

IN OUR THOUGHTS AND PRAYERS

Tina and Kevin Kelly's son (Patrick) is still recovering from injuries sustained in an accident on June 13th. He has been moved from Albany Med to a facility in Atlanta, GA. Cards can be sent to: 80 Ferris Drive, Queensbury, NY 12804

Donations can be made at any TrustCo Bank branch. The fund benefits both Patrick and the other young man involved in the accident.

CLUB BOARD MEETINGS

Kiwanis Club Board Meetings are held on the first Wednesday of the month at 6:30 PM at The Marilyn Cohen Therapy Center at The Prospect School Complex in Queensbury, unless otherwise announced. All club members are welcome to attend. Committee Chairs should be prepared to present their monthly reports.