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**Kewanee Key Club**  
Thursdays at 7:30 am  
Petersen Auditorium

**Wethersfield Key Club**  
Tuesdays at 7:30 am  
Mr. Clark's Room

**Central Builders Club**  
Every Wed. but 3<sup>rd</sup> at 7:30 am  
Room 317

**Visitation Builders Club**  
2nd & 3rd Wed. at 11:35 am  
Spanish Room

**Central K-Kids**  
1<sup>st</sup> and 3<sup>rd</sup> Wed. at 7:30 am  
Library 2<sup>nd</sup> Floor

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One Can Make a  
Difference

Reminder-Talk to  
someone this week  
about Kiwanis.

*Serving the Children of the World.*

Lynn F called the meeting to order & led in the Pledge & singing. Brock T provided piano music. Bob F offered prayer.

**Guests:** WHS Key Clubber Adam Blair-WHS Key Club will run our meeting on 1/20/10. KHS Key Clubbers Hilary Charlet & Jason Henkins-40 Key Clubbers helped deliver Goodfellows Baskets, preparing for Blood Drive in Feb., assisting with Staff Appreciation Day next week, starting to work on Mid-Winter dance.

**Announcements:** Amron B reported about the Goodfellows effort. This year 931 Baskets were delivered – benefited 2,690 people. He thanked all that assisted and drove that day.

**Attendance:** We had 3 Key Clubbers, 34 members, & 3 guests in attendance for a total of 41.

**Happy Dollars:** Tom M collected today-\$1 for New Year; Jennifer J-\$3 for program, New Year & no snow!; Jan M-\$5 happy to find out she is going to be a new grandma!; Mike G-\$2 for Hawkeye football win & Illinois basketball win over the Hawkeyes; Paul D-\$2 New Year & Packers; Shaun G-\$1 Happy to have \$; Leisa D-\$4 new grandson born 12/22/10 & \$1 for each of her other 3 grandsons; Amron B-\$2 attended a Kiwanis Meeting while at the Rose Bowl & grateful for opportunity to help with the float for the Rose Bowl Parade; Bob F-\$2 for Illini, Bears; Dave K-New Year & Cowboys; Gordon V-\$3 for grandson at meeting, cold weather & one Bay Team in the playoffs; Wayne B-\$1 because 18 of his 23 family members were home for the holidays; Claudia B-\$2 for being at the Rose Bowl Parade (one thing crossed off bucket list) and sad they left California in the 80's only to come back to very cold weather; Gary M-\$4 for Pasadena temps, thank you to Amron for opportunity to help with Rose Bowl Float (hopes he doesn't see an onion seed for a very long time!); Dee E-\$2 for the New Year & guests; Margaret G-\$3 guests, program; Lynn F- \$2 guests, program; Emily R-\$3 New Year, program, Iowa. Total \$47.

**Program:** "CELERITY" presented by Ken V & Margaret G. Margaret G introduced speakers from Kewanee Hospital – Lori Christiansen, Dir. of Rehab. Services; & Amanda Kocis, Dir. of PT; & Kim Becker, PT Assistant. The topic was the new program Kewanee Hospital is offering encouraging healthy lifestyles. This is a long-term program. A wellness team has been assembled and 117 KH employees are participating. Emphasis is on assisting the employees to improve their overall life issues. They started a Weight Watchers Class at KH, the cafeteria is now offering more healthy choices, and a fitness portion has been started. Additionally, Kewanee Hospital is now offering a free employee assistance program to help with any emotional or personal problems.

*A big thank you to Julie Landwehr who volunteered to cover the newsletter responsibilities while I was on vacation – Thank you Julie! Mel*