



# KiwaniScoop

The Official Publication of the Kiwanis Club of Manhattan Beach

<http://www.mbkiwanis.com/>

Editor: Rick Block

March 16, 2010

Vol. XXXIX No.10

The Wellness Community-Support and Hope for Cancer Victims

## Coming Events

March 23<sup>rd</sup>- Regular meeting at the Manhattan Country Club.

March 30<sup>th</sup>-Regular meeting at the Manhattan Country Club.

April 6<sup>th</sup> - Regular meeting at the Manhattan Country Club.

April 8<sup>th</sup>-Board Meeting at Rick's office 12:30.

April 13<sup>th</sup> – Bring a guest day to our luncheon meeting.

May 15<sup>th</sup>-Walk for wishes in El Segundo. Visit their website [www.wishla.org/walk](http://www.wishla.org/walk) for registration information.

May 20<sup>th</sup>-Tentative date for our fundraiser at the Comedy and Magic Club.

## The Meeting

Madame President welcomed out guest speakers, Raylene Prout and Teresa Plakos from the Wellness Community. Also at lunch is the lovely Judy Giss who brought hubby, Ken.

Judy was delighted the weather has changed for the better and added \$100 for our being so nice to her. Actually, we would be nice for a whole lot less money.

## The Program

Raylene Prout is the Wellness Community's Development Director. Teresa Plakos is their Outreach/Public Relations Director.

Raylene announced the Wellness Community and Gilda's Club Worldwide have merged to form the Cancer Support Community. By combining the organ-

izations, they form a worldwide support network while still maintaining a local community focus.

The Wellness Community celebrates 24 years providing support to victims of cancer and their families. Raylene is a cancer survivor. At age 38, she was diagnosed with the disease and underwent surgery, radiation and chemotherapy treatments. Teresa has been a friend of Raylene and held her hand throughout the ordeal. Raylene noted when a patient is first diagnosed with cancer; they are overwhelmed with information and fear. Support groups like the Wellness Community help immensely by providing the emotional support needed to allow the patient to absorb the mountain of information needed to make critical medical decisions. In Raylene's case she feels the nutritional information and exercise programs were vital in her recovery. All of these services were provided free of charge.

If you want more information on the Wellness Community, please visit their website at <http://www.wellnessandcancer.org/default.htm>

## Mac Report

DeAnn reports that the T-Ball season is in full swing. Her son, David, is having a great time, although no score is kept. However, we suspect the kids know who won.

Daughter, Alex, is on a softball team and is learning how to pitch.

## Happy Dollars

Madame President boasted that she was honored at the Lakers' game by Comerica Bank with the March Woman of Entrepreneurship award. This was followed by a gratuitous advertisement for South Bay Business Lawyers' new prepaid legal services. Immediate Past President Jeff Wilson fined DeAnn a dollar



for the infraction however that was increased to \$20 when the president continued plugging her firm. Jim Packard stopped posting the citations.

Marty Davis is slimmer than ever but was sad his pre-paid vacation may evaporate because of the State Department's warning to stay away from Mexico.

My sad dollar was for wife Helen's cold that is keeping both of us up at night.

Raylene had two sad dollars. One of her support group members had a relapse. The second dollar was for the newest member of her group who was diagnosed with cancer.

### **Announcements**

On tax day, April 15<sup>th</sup>, the Chamber will run its annual Women in Business conference.

Please remember to bring a guest on April 13<sup>th</sup>, our next bring a guest day.

Our fundraising event will take place at the Comedy and Magic club on May 20<sup>th</sup>. This event will be combine fundraising, a membership drive and charter party together. Each member will be given two tickets for the member and one guest. We hope you will also sell eight additional tickets for \$20 apiece. More details will follow.

### **Door Prize**

The \$10 door prize was won by Jeff who asked that it be donated to the Wellness Community.

### **Fine Free**

DeAnn produced today's Fine Free ticket. Fine Free for next week is the holder of ticket number 833216.

### **Kiwanis Website**

Please visit our website <http://www.mbkiwanis.com/> and complete your profile. I see DeAnn took the opportunity to post a candid photo of herself.

Kiwanis Club of Manhattan Beach  
Post Office Box 3492  
Manhattan Beach, CA 90266

«Name»  
«Street\_Address\_»  
«City»

**First Class**